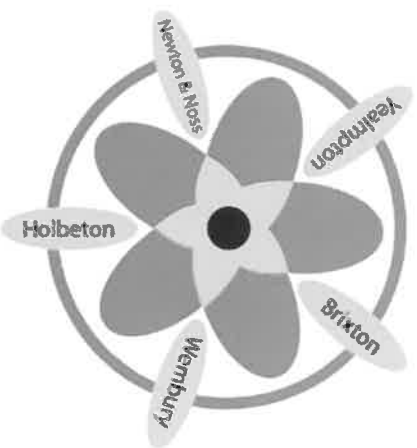


Our Vision:

Committed to improving and changing the lives of people with dementia and their families across the five parishes.

- **Social Interaction:** to provide the advice and guidance necessary to allow people with dementia, and their families to maintain and increase their social contacts
- **Link Up:** Connecting families with similar needs
- **Raise Awareness and Understanding:** of dementia with local businesses, organisations and groups
- **Community Access:** helping provide access to all community activities and services
- **Activities:** To provide inclusive individual and community based activities



Contact 07450 206312

www.dementiayealm.org

You can find us on Facebook



Dementia Friendly Parishes Around The Yealm

Community Project



**Caring Communities:
The Parishes of Holbeton,
Newton & Noss, Yealmlpton,
Brixton and Wembury**

If you or a family member has dementia, or you have concerns about someone in your parish, please contact Maxine, our project co-ordinator

Contact 07450 206312

or e-mail maxine@dementiayealm.org

www.dementiayealm.org

How we help

- When you contact us we will arrange to meet you
- We will listen to your concerns about dementia
- We will help to assess what works well and what is challenging
- We can assist you in accessing existing activities
- We will provide continued support for families
- We can link you with other families
- We can signpost you to other services

Community support

- We offer awareness raising sessions for groups or individuals
- We provide continued support
- We welcome your involvement in the project
- To book your free awareness raising session please contact Maxine



What we offer

- Shared Reading Group
- Gentle Exercise Group
- Art and Craft Club
- Monthly Social Group
- Regular Information
- A point of contact for support

How can you help?

Offer your time to the project:

- ☺ Reach out to people with dementia and their families
- ☺ Look out for your neighbours
- ☺ Join the committee
- ☺ Share your skills in Art and craft
- ☺ Attend an Awareness Raising session
- ☺ Support someone to join a group
- ☺ Let us know of changes in the Community
- ☺ Bring some new and different ideas to the project
- ☺ Tell us your experience of change in our communities through becoming dementia friendly

Help raise funds and awareness:

Hold a community fundraising event (coffee mornings, open gardens, sell raffle tickets)
Display posters and hand out leaflets

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