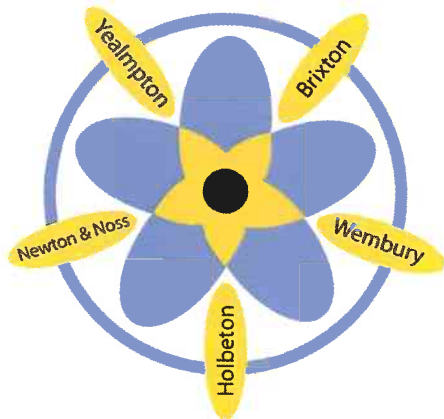


Our Vision:

Committed to improving and changing the lives of people with dementia and their families across the five parishes.

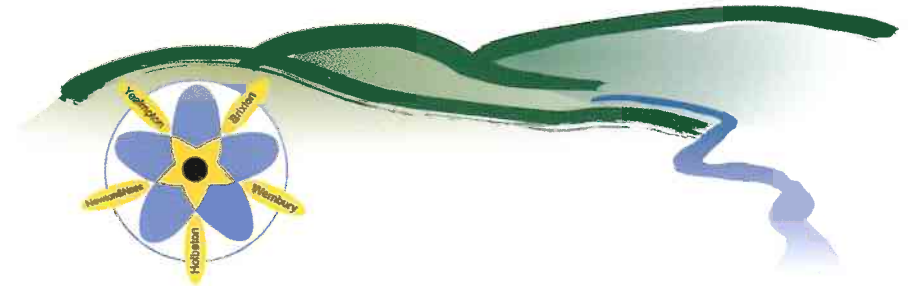
- Social Interaction: to provide the advice and guidance necessary to allow people with dementia, and their families to maintain and increase their social contacts
- Link Up: Connecting families with similar needs
- Raise Awareness and Understanding: of dementia with local businesses, organisations and groups
- Community Access: helping provide access to all community activities and services
- Activities: To provide inclusive individual and community based activities



Contact 07450 206312
www.dementiayealm.org

Dementia Friendly Parishes Around The Yealm

Community Project



**Caring Communities:
The Parishes of Holbeton,
Newton & Noss, Yealmpton,
Brixton and Wembury**

Contact 07450 206312
www.dementiayealm.org

How we help

- When you contact us we will arrange to meet you
- We will listen to your concerns about dementia
- We will help to assess what works well and what is challenging
- We can assist you in accessing existing activities
- We will provide continued support for families
- We can link you with other families
- We can signpost you to other services

Community support

- We offer awareness raising sessions for groups or individuals
- We provide continued support
- We welcome your involvement in the project
- To book your free awareness raising session please contact Maxine



Contact 07450 206312
www.dementiayealm.org

What can you do to help?

Become a Project Supporter

Reach out to people with dementia and their families – look out for your neighbours

If you or a family member has dementia, or has concerns about someone in your parish, please contact Maxine.

Offer your time to the project:

- ☺ Drop in for a cuppa and a chat
- ☺ Be a walking companion
- ☺ Go on a painting excursion
- ☺ Play a game of golf
- ☺ Arrange to join a group
- ☺ Support someone to join a group
- ☺ Let us know of changes in the Community
- ☺ Bring some new and different ideas to the project
Tell us your experience of change in our communities through becoming dementia friendly

Result of your support of the project:

We would like people living with dementia and their families in our parishes to be able to say:

“I live in an enabling environment where I feel valued and understood.”

“I have a sense of belonging and play a valued role as part of a family, community and civic life.”

(Extract from The National Dementia Declaration published in 2012)

Help raise funds and awareness:

Hold a community fundraising event (coffee mornings, open gardens, sell raffle tickets)

Display posters and hand out leaflets