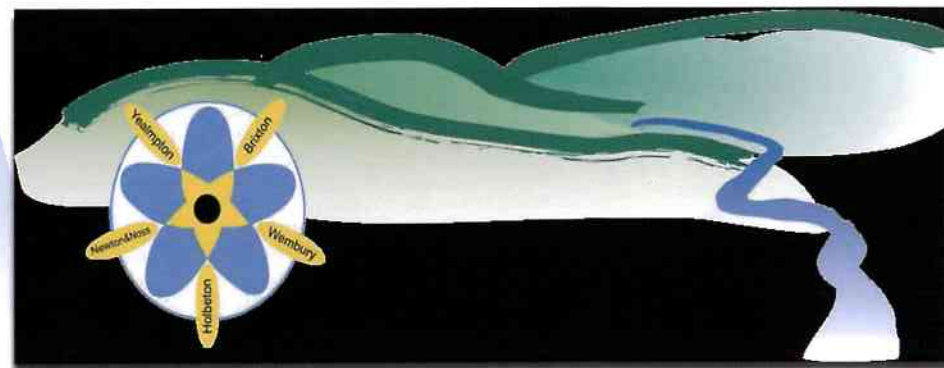


# Dementia Friendly Parishes around the Yealm Community Project

- ✓ Parishes together – understanding dementia
- ✓ Communities leading the way in new ideas and approach to dementia
- ✓ Harnessing local skills and expertise
- ✓ Supporting families towards a fuller life within their community
- ✓ Being part of change
- ✓ Neighbours helping neighbours
- ✓ Raising awareness

[www.dementiayealm.org](http://www.dementiayealm.org) – 0745 0206312



**PLYMOUTH  
UNIVERSITY**



**Alzheimer's  
Society**



**SOUTH  
HAMS  
CVS**

Caring Communities:

The Parishes of Holbeton,  
Newton & Noss, Yealmpton,  
Brixton and Wembury



# Dementia Friendly Parishes around the Yealm

*Committed to improving and changing the lives of people with dementia*

This innovative project set up over the last 2 years by interested and motivated people from the 5 parishes around the Yealm who are committed to improving the lives of people with dementia, their carers and their families.

**Holbeton/Newton & Noss/  
Yealmpton/ Brixton / Wembury**



## Our vision:

- **Activities:** To promote inclusive individual and community-based activities
- **Social Interaction:** to provide the advice and guidance necessary to allow people with dementia, their carers and family to maintain and increase their social contacts within the local community
- **Raise Awareness:** of dementia related problems with local businesses, organisations and groups.
- **Community Access:** helping provide access to all community activities and services
- **Link Up:** Connecting families with similar problems

If you or a family member has dementia, or you have concerns about someone in your parish and would like to help, please contact:

Maxine on 074 50206312

## What could YOU do to help?

### Become a Project Supporter in your Parish



*Reach out to people with dementia and their families – look out for your neighbors*

#### Offer your skills or interests to the Project:

- ☺ Teach computer proficiency
- ☺ Be a walking companion
- ☺ Go out on a painting excursion
- ☺ Play a game of golf
- ☺ Drop in for a cuppa and a chat
- ☺ Arrange to join a group

Bring some new and different ideas to the project

Tell us your experience of change in our communities through becoming dementia friendly

#### Help Raise Funds:

Hold a coffee morning or a sponsored walk

Promote the Dementia Friendly approach in your street or village

#### Result of your support of the project:

We would like people living with dementia and their families in our parishes to be able to say:

*I live in an enabling environment where I feel valued and understood.*

*I have a sense of belonging and play a valued role as part of a family, community and civic life*

(Extract from National Dementia declaration based on research by the Alzheimer's Society published in 2012)